

Privacy Policy

Last updated: June 2025

1. Introduction

Welcome to E Journaling. Your privacy is important to us. This Privacy Policy explains how we collect, use, disclose, and safeguard your information when you use our website and services. By using E Journaling, you agree to the practices described in this policy.

2. Information We Collect

We collect information that you provide directly to us, such as when you create an account, use our services, or contact us for support. This may include:

- **Personal Information:** This includes your name, email address, and any other contact information you provide. We use this to create your account and provide our services.
- **Account Information:** This includes your login credentials and preferences.
- **Content:** This includes the journal entries, habits, meditation and any other content you create using our services.
- **Usage Data:** We automatically collect information about how you interact with our service, including your device's IP address, browser type, pages visited, and time spent on the service.

3. How We Use Your Information

We use your information to:

- Provide, maintain, and improve our services
- Personalize your experience
- Send you important updates and notifications
- Analyze usage patterns and optimize performance
- Protect against unauthorized access and abuse

4. Sharing Your Information

We respect your privacy and do not sell your personal data. We may share your information in the following limited circumstances:

- **Service Providers:** We may share your information with third-party companies that help us provide our services (e.g., hosting providers, analytics services).
- **Legal Requirements:** We may disclose your information if required by law or to protect our rights and users' safety.

5. Data Retention

We keep your personal data only for as long as necessary to provide our services and comply with legal obligations.

6. Your Rights

You have the right to:

- Access the personal data we hold about you
- Correct any incorrect or outdated information
- Request deletion of your personal data
- Opt-out of marketing communications

To exercise these rights, contact us at privacy@ejournaling.com.

7. Data Security

We implement appropriate security measures to protect your data:

- Encryption of sensitive information
- Regular security audits and monitoring
- Access controls and authentication
- Secure data storage and transmission

We use industry-standard security measures to protect your personal data. However, no online service is 100% secure, so we cannot guarantee absolute security.

8. Children's Privacy

Our service is not intended for children under 13. We do not knowingly collect personal data from children under 13.

9. Changes to This Policy

We may update this Privacy Policy occasionally. When we do, we'll notify you within the app and update the "Last Updated" date at the top.

10. Contact Us

If you have any questions about this Privacy Policy, please contact us at: mail@ejournaling.com